PRINT NEATLY & FILL OUT COMPLETELY

CHECK APPROPRIATE CATEGORIES

Enter me in the Frozen Shamrock 3M ($25) ☐
Enter me in the Claddagh Pub 4M ($25) ☐
Enter me in the Hynes 5M ($25) ☐
Enter me in all three races ($70) ☐

MAKE CHECKS PAYABLE TO: Barry Kara Foundation
MAIL TO: Yankee Timing, PO Box 3242, Nashua, NH 03061

FIRST NAME

LAST NAME

AGE SEX DATE OF BIRTH (MM DD YY)

STREET ADDRESS OR P.O. BOX

CITY STATE

ZIP CODE

EMAIL ADDRESS

Waiver Must Be Read and Signed

I know that running is a potentially hazardous activity. I should not enter or run this event unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this race including, but not limited to, falls, contact with other participants, the effects of weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application, I, for myself and anyone entitled to act on my behalf, waive and release the Race Organizers, the Race City, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. All fees are nonrefundable. I also allow my name to be posted in the results in various media such as newspaper, periodicals and the web.

Signature (parent or guardian must sign if under 18 years old)